

Terri Pearson is interested in every area of your life, mind, body, soul, and spirit. She loves seeing individuals have a better understanding of how uniquely God designed our Good bodies, incorporating healthy habits for sustainability, exploring your ability for movement, and more. She is a Health Coach with a Godly approach. Holistic Health coaching (mind, body, and spirit) is a deep passion for her as she serves others in one-on-one coaching, group coaching, or leading classes.

Terri is a certified health coach and Fitness Instructor through Revelation Wellness and certified coach through the Federal Internal Coach Training Program. She possesses a Master Degree in Human Relations and a Bachelor of Science in Psychology.

Terri is a native and returned Kansas. She has been married to her best friend, Dave, for 37 years, and supported his military career of 21 years. Together they were blessed to raise two daughters, Jessica and Tana. She proudly serves her Veteran's, church, community, and senior living centers. She is actively involved in her grandchildren's life. As a public servant, she served in the federal government for 22 years in Human Resources serving federal employees.

Freedom Pursuer LLC

Vision Statement: To see others encountering God and pursuing a life of freedom in Christ.

Mission Statement: To help people cultivate a life of freedom by loving God, themselves, and others in body, mind, and spirit.

Key Verse: 2 Cor 3:17: Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom.

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